

How to Use UTR for Player Development & College Recruiting



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Moderator and Panelists

Moderator: Lisa Stone: Creator of ParentingAces, a website/podcast for junior & college tennis parents & coaches

Panelists

- **Dede Allen**: Former women's tennis coach, Wake Forest University; former Administrator of USTA Junior Competition for 14 years
- **Lorenzo Beltrame**: President of LB Performance Solutions. Former coach to dozens of ATP/WTA touring professionals including Jim Courier, Pete Sampras & Cara Black; has developed top juniors recruited by top universities.
- **Dave Fish**, Head of Development, Universal Tennis; Former Harvard Men's Tennis Coach (1976-2018) and inducted into the 2019 ITA Hall of Fame

Today's Webinar

- 400 registrants submitted 90+ questions
- Will cover major common question topics around How to Use UTR in Player Development and College Recruiting
- Will start with UTR background information

Rating vs Ranking

- **Ranking**: Ordered list of players based on points earned through rounds advanced at tournaments
- **Rating**: Assessment of a player's competitive level on a scale, i.e. a snapshot of where a player is at a given time

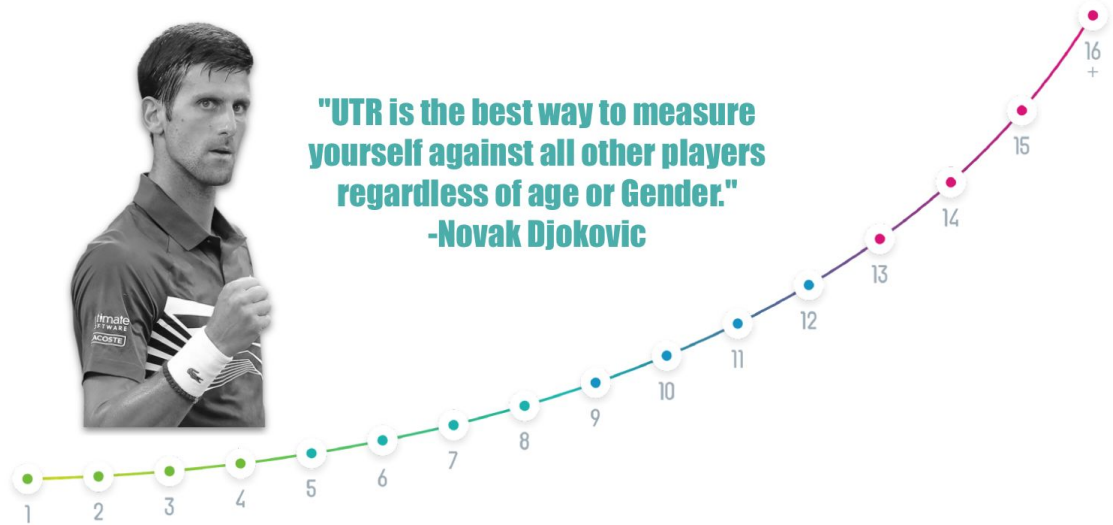
What is UTR?

Three factors go into the world's most accurate rating:

- 1. Competition:** Strength of opponent
- 2. Score:** Percent of games won and lost (Not wins or losses)
- 3. History:** Last 30 matches within 12 months



**"UTR is the best way to measure yourself against all other players regardless of age or Gender."
-Novak Djokovic**



UTR LEVEL
1.0-4.0
competitive with
Men: NTRP 3.0
Women: NTRP 3.0-3.5
Girls: 12s-14s
Boys: Sectional 12s

UTR LEVEL
5.0-8.0
competitive with
Men: NTRP 3.5-4.5
Women: NTRP 4.0-5.0
Girls: 14s-18s
Boys: 12s-16s
College Women : D2-D3

UTR LEVEL
9.0-12.00
competitive with
College Men: D1-D3
College Women: D1
Pro Women Futures
Girls: National 16s
Boys Sectional 18s-
National 18s

UTR LEVEL
13.00-16.50
competitive with
College Men: D1
Pro Men Futures
Pro Men: ATP
Pro Women: WTA

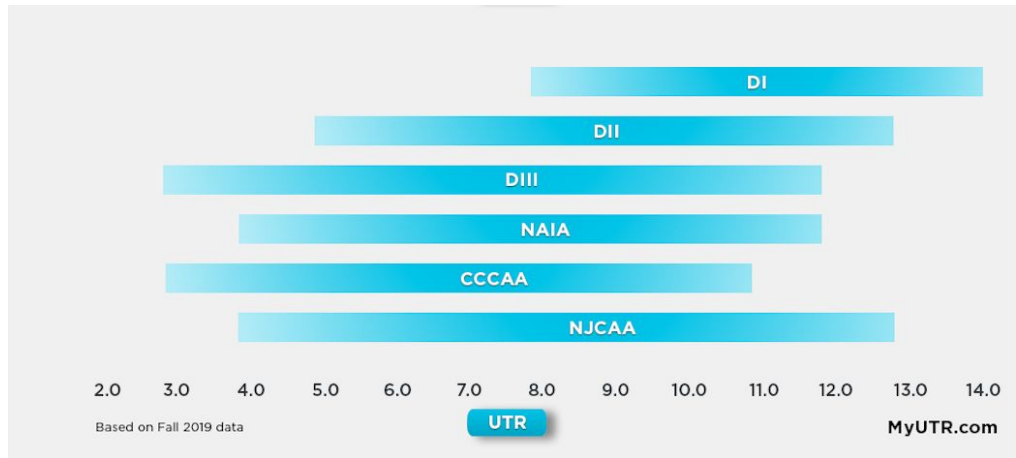
UTR for Player Development & College Recruiting

UTR provides **opportunities** for players of **ALL** levels to develop as a player regardless of age, stage and desired pathway

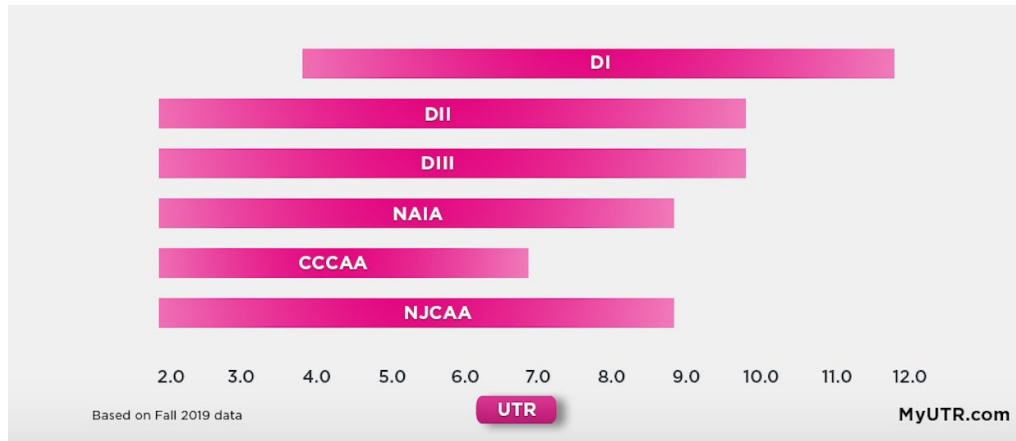
- Novice: how to develop optimally by knowing your level and following the “**Principle of Thirds**”
- College Tennis: **opportunities** available for players of **ALL** levels
- Aspiring Pros

UTR College Overview: Opportunities for ALL Levels

Men: UTR 3-14



Women: UTR 2-12



UTR Key Mythbusters and Facts

1. **Mythbuster**: The 7-game “competitive threshold” is NOT used by the algorithm
2. **Mythbuster**: Defaults/Withdrawals to protect your rating are NOT a good idea - college coaches will see it
3. **Fact**: UTR is a tool for player development and college recruiting. It is not an end by itself.
4. **Fact**: Best way to improve your UTR is to improve your level. The formula for success: UTR Rule of Thirds
 - $\frac{1}{3}$ of the time: play higher
 - $\frac{1}{3}$ of the time: play at your level
 - $\frac{1}{3}$ of the time: play lower than you

Questions Many of You Have Asked

Player Development (15 minutes)

- How do I improve my UTR quickly?
- How does a player raise his UTR significantly when he only gets credit for playing within his UTR? (This is a myth!)
- I'm interested in hearing suggestions for how to motivate your child to train with purpose. My child can't focus when playing matches. How to use UTR to improve?
- How does UTR plan to improve walkovers in Consolation rounds?

College Recruiting (20 minutes)

- Demo UTR College Fit tool and College Team pages
- How is UTR used in the recruiting process?
- When/at what age do coaches start looking at recruits and their UTRs?
- What UTR is typical for a college recruit? (Show College Chart again)
- How is UTR used in conjunction with other data points/tools for college selection?
- Do colleges only take players with the highest UTRs?

Future Topics

- Navigating the College Tennis Recruiting Process
 - What's the path, process and timeline for getting my child into college?
 - What's the recommended pathway from age 12-16 for a junior player who wants to play in an academically strong D1 or D3 school
 - My son is in 6th grade, what should I be doing now to set the path for college tennis recruitment
 - Please explain the difference between D1, D2, D3 schools and which of the three a student should try to get into
 - When should a student start reaching out to colleges?
- Understanding the UTR Algorithm
- UTR High School: Opening a Pathway to College
- Top Tips from a Tennis Parent

For Additional Questions

- Lisa Stone: lisa@parentingaces.com
- Dede Allen: allend@esj.org
- Lorenzo Beltrame: lbeltrame@lbperformancesolutions.com
- Dave Fish: dave@universaltennis.com

Bios of Moderator and Panelists

Lisa Stone, Moderator, creator of ParentingAces, a website/podcast for junior & college tennis parents & coaches. Highlights:

- Tennis Mom and a voice for Tennis Parents around the world
- Involved in fitness and sports for over 25 years; former Chair of the Georgia Governor's Commission on Physical Fitness & Sports and President of Fit For 2, Inc.
- Recipient of the 2018 USTA Georgia Marc Kaplan Media Excellence Award.
- Through ParentingAces.com and the ParentingAces Podcast, Stone shares what she's learned about navigating the Junior Tennis Journey and College Recruiting with other parents and coaches who are hungry for her insights and knowledge.

Dede Allen, Panelist, has an extensive tennis background. Highlights:

- Women's tennis coach and assistant tennis director at Wake Forest University in Winston-Salem, NC and was named ACC Coach of the Year
- Administrator of USTA Junior Competition from 1988 to June 2002, as well as staff coordinator for the Collegiate Tennis Committee for the USTA.
- Tournament Director of the U.S. Open Junior Championships for 14 years during her tenure.
- Organized and conducted the USTA National Junior Championship Tournament Directors Workshops and helped coordinate other special national international events. She has presented seminars for players and parents at national events regarding the college recruiting process
- Author of the original USTA College Guide?
- Masters in Education and Sports Administration

Bios of Moderator and Panelists

Lorenzo Beltrame, Panelist, is the President of LB Performance Solutions. Highlights:

- Has worked with dozens of ATP and WTA touring professionals including Jim Courier, Pete Sampras and Cara Black.
- Traveled extensively coaching players in major pro events including the four Grand Slams, Davis Cup, and Hopman Cup.
- Has developed numerous top juniors and collegiate players who were recruited by prestigious institutions like William and Mary, Clemson, Georgia Tech, University of Georgia, Harvard, West Point, University of Pennsylvania, Samford, University of Chicago, and Cornell among others.
- Director of Tennis and Athletic Performance Coaching at the Johnson & Johnson Human Performance Institute, formerly LGE Performance Systems, in Orlando, Florida from 1996 to 2016. Previously responsible for developing and running high performance programs at Club Ambrosiano, one of the most prestigious clubs in Milan, Italy and at the Seguso Bassett Tennis Academy in Boca Raton.

David Fish, Panelist, Head of Development, Universal Tennis. Highlights:

- Former Harvard Men's Tennis Coach (1976 - 2018)
- Amassed a 702-319 (.687) overall record, including 21 Ivy League titles, led Harvard to 26 NCAA Tournament Appearances
- ITA National Hall of Fame in 2019, Four-time ITA Region Coach of the Year, 2014 ITA Meritorious Service Award Winner
- Inducted into USTA New England HOF in 2014
- Head coach for the Harvard men's squash team from (1976-89), Led to three Squash National Championships, All-American Squash Player at Harvard
- Served on ITA Board of Directors